

GWENT COUNTY TALENT GROUP - SPONSORED BY THE FAW

On the 14th Nov the first Gwent County Talent Group meeting was held for the first 8 “Talents” as selected by the Gwent County FA. They are:

Mark Gardiner	James Williams
Sam Emery	Oliver Cross
Paul Jones	Nigel Baldwin
Ian Gallimore	Dan Newberry

The aim being to fast track these referee's through the current pyramid as fast as possible by receiving high level training and mentorship, until they reach Level 4.

On the 14th November the topic covered was Fitness & Nutrition, how often they should train, (at least 3 times a week) recovery after a game etc. After a classroom session the candidates were then put through their paces for 30 mins. They were shown how to warm up for a game (at least 15 mins) and did a sprint circuit. Needless to say all candidates have now amended their routines and are training harder, plus eating healthier before, during and after a game.

The next meeting was held on the 4th Jan 2010, this time the topic covered was Recognising Careless, Reckless and Over Excessive Challenges, plus dealing with Tactical Fouls. The different ways of dealing with them ie quiet word, bollocking, yellow or red card.

The presentation was done via DVD from the PGMOL, which showed several clips from the Premiership highlighting these challenges. We discussed each clip and showed how Referee's should :

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| 1. | See The Offence | - | ie foul by being in the best position, viewing angle etc. |
| 2. | Recognise the Offence | - | was it careless, reckless or the player use over excessive force. |
| 3. | Think | - | which sanction if any was appropriate. |
| 4. | And finally then Act | - | players perception of the Referee is be calm etc – how he issues card etc |

All left the meeting quite clearly educated in the difference and how to deal with them.

All candidates are receiving their quota of assessments and then they are debriefed on the assessment by their development officer Darren Adie on a 1 to 1 basis. I also intend to see the candidates in action (3 seen already) both on the line and in the middle as practical coaching sessions.

The next meeting will be held at the Llswerry Gol Centre on the **Tues 2nd March at 1900 hrs.** Members of the Referee's Committee, Assessors and Referees are welcome to attend. The presentation will be via DVD on Denying Obvious Goal Scoring Opportunities ie what is one and how to deal with it. Please just inform me that you are coming.

I look forward to seeing you.

Regards

Darren Adie